

**THE GREATER NEW ORLEANS  
LOCAL RESOURCE GUIDE**

**for**

**ACQUIRED BRAIN INJURY  
RECOVERY**

**Compiled by the Local Resource Guide Committee  
of the  
SECRET GARDENS TOUR®**

**New Orleans, Louisiana  
March 12, 2005**

**First Edition**

The Secret Gardens Tour's<sup>®</sup> Greater New Orleans Local Resource Guide Committee wishes to thank Mrs. Susan Howard and the Advocacy Center of New Orleans for sharing the outline of their statewide Resource Guide to serve as a template of our Local Resource Guide. It is often referred to in order to avoid duplication.

The Secret Gardens Tour's<sup>®</sup> Greater New Orleans Local Resource Guide Committee does not necessarily recommend one provider or resource over another. Advertisements are not to be construed as endorsements of product or service. This Guide represents information that we have started to gather and will be updating periodically; for more frequent updates, and to send us your input, please access our website [www.secretgardenstour.org](http://www.secretgardenstour.org) or [http://www.secretgardenstour.org/bi\\_guide.html](http://www.secretgardenstour.org/bi_guide.html)

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## **ADVOCACY AND LEGAL RESOURCES**

- Advocacy Center  
225 Baronne st, New Orleans, La 70112  
Susan Howard  
(504) 522-2337 ext 120
- INSURANCE Advice and Case Managers  
Andree Waguespack—Causeway Boulevard, Metairie
- Social Security Administration  
1-800-772-1213
- Legal Representation: [www.personalinjuryfyi.com/brain\\_injury.html](http://www.personalinjuryfyi.com/brain_injury.html)

## **ASSISTIVE TECHNOLOGY and LIVING AIDS**

### EQUIPMENT

- Used Equipment / Resale--Private sales on [www.freestyling.com](http://www.freestyling.com)
- H&H Orthopaedics Inc  
3104 5<sup>TH</sup> St, Metairie, La 70002  
835-4774

### MISCELLANEOUS

- Shoes: Z-COIL Pain Relief Footwear (Zergonomic Footwear);  
Magazine at 9th st; [www.zergonomic.com](http://www.zergonomic.com), or [www.zcoil.com](http://www.zcoil.com)
- Diapers: Walgreen's brand
- The Love Bike:  
A bicycle built for two that steers from the rear (a crucial feature for controlling and stopping when child or less coordinated passenger is in the front seat).  
[www.lovebike.com](http://www.lovebike.com)  
Contact: Robert Gardner. POBox 1452, Willits, CA 95490  
(707) 456-0468

## EDUCATION

Jefferson Parish Public Schools special programs.

Contact: Ron Butcher, coordinator of programs for children with behavioral, medical or learning disabilities. (504) 349-7915. Dr. Sharon Soffard.

Jefferson Parish Schools with special programs for children with disabilities include Matas Rudolph in Metairie and Estelle on the Westbank.

Learning centers associated with Ecole Classique, Holy Rosary, St George's. Contact: Diane Nagin

St Michaels School

1522 Chippewa, New Orleans, La 70130.

Contact: Jane Silva, Principal

(504) 524-7285.

Nicholls State University

Thibodeaux, LA

offers camps for children with dyslexia.

Contact: Ashley Munson, Senior Program Outreach Coordinator for the Louisiana Center for Dyslexia and Related Learning Disorders. (985) 449-7044

## BOOKS

- [www.bookshare.org](http://www.bookshare.org) makes copyrighted books available for download, only to U.S. residents with a disability that affects reading.
- [www.rfbd.org](http://www.rfbd.org) offers individual memberships and has an audio library for books on tape (may be borrowed for up to a year) and produces books on computer disks (E-text) for purchase. (800)-221-4792.
- Traumatic Brain Injury Resource guide web: <http://www.neuroskills.com>

## PAMPHLETS

- from BIA of America:
  - Employment after Traumatic Brain Injury
  - Coping with Depression after TBI
  - Substance Abuse Issues after TBI
- from Lash & Associates Publishing/Training Inc. ([www.lapublishing.com](http://www.lapublishing.com))  
Information and training on brain injury in adults and youths.
- Mayo Clinic Women's Health Source: "*Reliable Information for a healthier life*" --  
Rochester, Minn.: (507)284-2511; Jacksonville, Fla.: (904) 953-2000;  
Scottsdale, Ariz.: (480)301-8000

## TUTORIALS/WORKSHOPS

- Lash & Associates Publishing/Training Inc.  
*Training programs, written information and consultation for professionals, families, schools, and agencies on children and adults with brain injuries and disabilities* --708 Young Forest Drive, Wake Forest, NC 27587-9040;  
Tel/Fax: (919)564-0015; email: [lapublishing@earthlink.net](mailto:lapublishing@earthlink.net); web:  
[www.lapublishing.com](http://www.lapublishing.com)
- Stroke Awareness Group  
Workshop held every May, for professionals in the field but open to the public.  
Contact: Rhonda Gonzales, East Jefferson General Hospital.
- West Jefferson Rehab Care Center Stroke Education Groups held Mon-Fri  
11:30am 4th floor. Rehab Center (504) 349-1345
- American Heart/Stroke Association--105 Campus Dr. East Destrehan, LA 70047  
(985)456-7224
- National Head Injury Foundation, Inc. 333 Turnpike Road Southborough, MA  
01772 (508)485-9950

## WEBSITES

- Brain Injury Society: General Information: <http://www.bisociety.org/about.cfm>;  
email: [BISociety@aol.com](mailto:BISociety@aol.com)
- Acquired Brain Injury, Defined -- <http://www.dissvcs.edu/whatabi.html>
- [www.Tbihelp.org](http://www.Tbihelp.org)
- [www.Abigroup.homestead.com](http://www.Abigroup.homestead.com)
- Head Injury Hotline: (206) 621-8558 [www.headinjury.com](http://www.headinjury.com)
- Center for Neuro Skills -- 2658 Mt. Vernon Avenue, Bakersfield, CA 93306;  
phone: (661)872-3408; Irving, Texas: (800) 922-4994; Encino, California:  
(661)872-5150, Fax; email: [spersel@neuroskills.com](mailto:spersel@neuroskills.com)
- CVH Cardiovascular Health: National Center for Chronic Disease Prevention  
and Health Promotion -- web: <http://www.cdc.gov/cvh>; CVH Stroke Fact Sheet --  
web: [http://www.cdc.gov/cvh/library/fs\\_stroke.htm](http://www.cdc.gov/cvh/library/fs_stroke.htm)
- BIAK: Brain Injury Association of Kentucky -- web: <http://www.braincenter.org> --  
article What Exactly Is Brain Injury? -- web:  
[http://www.braincenter.org/what\\_brain\\_injury.html](http://www.braincenter.org/what_brain_injury.html)

- Traumatic Brain Injury Association or Brain Injury Association, Inc. -- 105 North Alfred Street, Alexandria, VA 22314; Phone: (703)236-6000; Fax: (703)236-6001; Family Helpline: (800)444-6443; web: [www.biausa.org](http://www.biausa.org)
- Brain Injury Association of America's TBI *Challenge* -- *creating a better future through brain injury prevention, research, education, and advocacy* -- TBI Challenge, 8201 Greensboro Dr., Suite 611, McLean, VA 22102; Tel: (703)761-0750; Fax: (703)761-0755; Family Help Line: 1-800-444-6443; Web: [www.biausa.org](http://www.biausa.org)
- National Stroke Association: 1-800-STROKES (787-6537) [www.stroke.org](http://www.stroke.org).
- Centers for Disease Control and Prevention: [www.cdc.gov/ncipc/factsheets/tbi.htm](http://www.cdc.gov/ncipc/factsheets/tbi.htm)
- St Jude Children's Hospital; 332N. Lauderdale st, Memphis, Tennessee 38105 (901) 495-3300 [www.stjude.org](http://www.stjude.org) .
- [www.bookshare.org](http://www.bookshare.org) makes copyrighted books available for download, only to U.S. residents with a disability that affects reading.
- Louisiana Department of Health and Hospitals: Office of Public Health: article a) a) Traumatic Brain and Spinal Cord Injury : web:<http://www.oph.dhh.state.la.us/injuryprevention/injuryepidemiology/traumaticbrain/index.html>  
b) Sports and Traumatic Brain injury in Youth (1996-1999) web:  
[http://www.oph.dhh.state.la.us/injuryprevention/docs/sports96\\_99.pdf](http://www.oph.dhh.state.la.us/injuryprevention/docs/sports96_99.pdf)  
c) Traumatic Brain and Spinal Cord Injury associated with All Terrain vehicle use (ATV use) - (1996-1999) web:  
[http://www.oph.dhh.state.la.us/injuryprevention/docs/allterr96\\_99.pdf](http://www.oph.dhh.state.la.us/injuryprevention/docs/allterr96_99.pdf)

TBI Technical Assistance Center at NASHIA'S

<http://www.tbitac.nashia.org/tbics/>

TBI Book store web: <http://www.health.qld.gov.au/abios/books.asp>

Traumatic Brain Injury Resource guide web: <http://www.neuroskills.com/>

## EMPLOYMENT

- OCDD
- LRS  
Louisiana Rehabilitation Services  
Serves parishes of Jefferson, Orleans, Plaquemines, St. Bernard, St Charles, St James, St John, and St Tammany.  
3500 Canal st; New Orleans, La 70119  
(504) 483-4709-- E Mail: [lrsno@dss.state.la.us](mailto:lrsno@dss.state.la.us)  
[www.dss.state.la.us/departments/lrs](http://www.dss.state.la.us/departments/lrs)
- ONE-STOPS
- Advocacy Center-225 Baronne st---Susan Howard  
(504) 522-2337 ext 120
- Touro Rehab Center: 1401 Foucher street New Orleans LA 70115  
(504) 897-8560 -- [www.touro.com](http://www.touro.com)

## FINANCIAL AID AND ASSISTANCE

### NATIONWIDE / STATE GOVERNMENT PROGRAMS

- La Department of Public Health--325 Loyola ave, New Orleans, La 701  
Injury Epidemiologist Mona Doshani-(504) 568-2486 email:  
[madoshan@dhh.state.la.us](mailto:madoshan@dhh.state.la.us)  
web:  
<http://www.oph.dhh.state.la.us/injuryprevention/injuryepidemiology/traumaticbrain/index.html>
- Children's Special Health Services  
La State Program, locally at Children's Hospital (504) 896-1340; coordinates appointments with different disciplines and specialists in the area.
- La—BPAO:  
Medicaid State Eligibility -- (225) 922-1542 -- (800) 834-3333
- TBI-TRUST FUND  
Traumatic Head & Spinal Cord Injury Trust Fund Program  
8225 Florida Blvd., Baton Rouge, LA 70806; Phone: (225) 925-3502; 1-888-891-9441

SECRET GARDENS TOUR®; volunteer group raising funds for families and survivors of acquired brain injury in New Orleans, La.  
[www.secretgardenstour.org](http://www.secretgardenstour.org)

- Social Security Administration--1-800-772-1213

## **HOUSING**

### INTERNET RESOURCES

### LA HOUSING FINANCE AGENCY PROGRAMS

### ENERGY ASSISTANCE PROGRAMS

### HOUSING AUTHORITIES

### INDEPENDENT LIVING CENTERS

#### INDIVIDUAL ENDEAVORS

Pol House--Causeway at 48th st, Metairie, La 70002

### HOME RETROFITTING FOR DISABILITIES AND SPECIAL NEEDS CONTRACTORS

## **MEDICAL**

*Disclaimer: The following listings are only suggestions to start you looking in your area's Yellow Pages, with no endorsements implied as to specific practitioners nor to the efficacy, safety, or guarantee of procedures or therapies.*

### ACUTE CARE

#### EMERGENCY CARE:

- MERCY + BAPTIST MEDICAL CENTER  
2700 Napoleon Ave, New Orleans, La 70115
- CHARITY HOSPITAL  
1532 Tulane Ave, New Orleans, La 70112  
(504) 903-3000
- LSU Health Care Network  
2020 Gravier street, New Orleans 70112  
(504) 412-1670
- CHILDREN'S HOSPITAL  
200 Henry Clay Ave, New Orleans, La 70118  
(504) 899-9511—www.chnola.org
- EAST JEFFERSON HOSPITAL FOUNDATION  
4200 Houma Blvd, Metairie, La 70002  
(504) 454-4000
- KENNER REGIONAL MEDICAL CENTER  
180 West Esplanade Ave, Kenner 70065  
(504) 468-8600

- OCHSNER CLINIC HOSPITAL  
1514 Jefferson Highway, New Orleans, La 70124  
(504) 842-3000 – [www.ochsner.org](http://www.ochsner.org)
- TOURO INFIRMARY  
1401 Foucher street New Orleans LA 70115  
(504) 897-8560 – [www.touro.com](http://www.touro.com)
- TULANE UNIVERSITY HOSPITAL AND CLINIC  
1415 Tulane Avenue, New Orleans, La 70112  
[www.tuhc.com](http://www.tuhc.com)
- WEST JEFFERSON HOSPITAL--CULICCHIA NEUROLOGICAL CLINIC,  
1111 Medical Center Blvd, suite S750, Marrero—especially for Aneurysms,  
Arthritis, Brain tumors, Spine Care, Seizures, Gamma Knife radiation.

## ENDOCRINOLOGY

## NEUROLOGY

### Culicchia Neurological Clinic

Steven T. Atkins, M.D.  
R. Charles Fiore Jr., M.D.  
John L. Freiberg Jr., M.D.  
Michael A. Puente, M.D.  
Walter D. Truax, M.D.

### Ochsner Department of Neurology

Kevin L. McKinley, MD  
Bruce J. Lepler, M.D.  
Robert A. Felberg, M.D.  
Gary B. Niditch, M.D.  
Carol R. Redillas, M.D.  
Jay Van Gerpen, M.D.  
Theresa M. Voorhies, M.D.

## NEUROSURGERY

### Culicchia Neurological Clinic

Carl F. Culicchia, M.D.  
John C. Steck, M.D.  
Frank Culicchia, M.D.  
Robert L. Applebaum, M.D.

Ochsner Department of Neurosurgery  
Rand M. Voorhies, M.D.  
Edward S. Connolly, M.D.  
Roger D. Smith, M.D.  
Najeeb M. Thomas, M.D.

## NEURORADIOLOGY

## OPHTHALMOLOGY

## PAIN MANAGEMENT

- Culicchia Neurological Clinic  
Meda K. Colvin, M.D.
- Interventional Pain and Spine Center  
200 W. Esplanade Ave, Kenner, La  
(504) 466-4870 –www.interventionpaindoc.com  
John McCain, M.D.

## UROLOGY

## REHABILITATION--LONG-TERM CARE

## AUDIO AND SPEECH PATHOLOGY

- Ochsner Clinic Foundation-- Charlotte Ducote, Ph.D., Speech Pathology
- Browne McHardy Clinic--Lynn Creel
- Children's Hospital--Gabriel Cager
- Doctors Hearing Services, Inc.--Julie Grenier
- Joachim Hearing and Speech Memorial Medical Center--Tammy Crabtree
- LSU Health Sciences Center: Department of Communication Disorder--Peggy Pollack

- LSU Health Sciences Center: Department of Otorhinolaryngology--Dr. Charles Berlin or Patti St. John
- Medical Center of LA-New Orleans Charity: ENT Clinic--Melanie Thibodeaux
- New Orleans Speech and Hearing Center--Lesley Jernigan  
1636 Toledano st; New Orleans, LA 70115  
(504) 897-2606  
[www.noshc.org](http://www.noshc.org); E mail: noshc@hotmail.com

## CASE MANAGEMENT / SOCIAL WORK

- Children's Special Health Services
  - La State Program, locally at Children's Hospital (504) 896-1340; coordinates appointments with different disciplines and specialists in the area.
- Touro Infirmary Rehabilitation Center:
  - Beth Mata--Director of admissions to Touro Rehab center-(504) 897-8560
  - Carmen Reynolds--Admissions
  - Keith Randazzo--Director of Outpatient Brain Injury - Program and coordinator of Support Groups--897-8642
- Rehab Care at East Jefferson
  - Tricia Cook and Rhonda Gonzales
- West Jefferson Stroke Program--Dr. Culicchia's neurologic clinic
- Neurological Rehabilitation Program (504) 897-8646
- West Jefferson Rehab Care Center (504) 349-1346
- Children's Hospital (504) 896-9367
- Ochsner Foundation Hospital (800) 874-8984
- Louisiana Rehabilitation Institute (504) 903-1233
- Rehab Institute of New Orleans (504) 363-7282 or 363-7171
- Tulane University Hospital (504) 883-6800
- St. John's Rehabilitation Hospital (504) 738-3339
- Bancroft Rehabilitation Center (504) 482-3075

- Trinity Neurologic Rehabilitation Center of Slidell (985) 641-4985
- A Brown Schools Brain Injury and Neuropsychiatric Hospital (800) 252-5151
- CARF 4891 East Grant Road, Tucson, AZ 85712; (602) 315-1044
- Parents Group -- John Hill -- The Case Management Resource Guide -- Dorland Healthcare Information -- 1500 Walnut Street, Suite 1000, Philadelphia, PA 19102; Phone: (215)875-1212; Fax: (215)735-3966; Web: [www.dorlandhealth.com](http://www.dorlandhealth.com); Email: [info@dorlandhealth.com](mailto:info@dorlandhealth.com)

## HOME HEALTH CARE / MT

### EARLY STEPS

- Early intervention services to infants and toddlers (birth to three) with special needs and their families.  
Home health services funded by the state are included in this program. Nursing, physical therapy, occupational therapy, speech therapy, social worker.  
For information:  
[www.oph.dhh.state.la.us](http://www.oph.dhh.state.la.us)  
category: Early Steps
- Regional coordinator (For Orleans, St. Bernard, Jefferson, Plaquemines Parishes)  
Sharon Barnette Starks  
Metropolitan Region Office  
1010 Common St, Suite 700  
New Orleans, LA 70112  
Phone: (504) 568-2644  
Fax: (504) 599-0200  
e-mail: [sbstarks@dhh.la.gov](mailto:sbstarks@dhh.la.gov)

## HOME HEALTH SERVICES

- Home Care Services are funded through Medicare, Medicaid, Private Insurance, and Self-Pay
- Home Health Agencies offer a variety of services including:  
RN'S  
LPN'S  
Certified Nursing Assistants  
Physical therapy  
Occupational Therapy  
Speech Therapy  
Medical Social Workers

- ACTS Home Health Care  
3201 General De Gaulle Dr  
New Orleans  
(504) 362-1030
- Amedisys Home Health  
3017 N. Causeway Blvd  
Metairie  
(504) 835-2296
- American Nursing Services Inc.  
26<sup>th</sup> St.  
Metairie  
(504) 833-3100
- Carelink Home Care  
3500 N Causeway Blvd.  
Metairie  
(504) 838-9072
- Concerned Care Home Health Agency Inc.  
805 E. Rutland St.  
Covington  
(985) 892-3947  
1-888-698-2302
- Egan Health Care  
21<sup>st</sup> St.  
Metairie  
(504) 835-4474
- Egan Nursing Services  
21<sup>st</sup> St.  
Metairie  
(504) 826-5474
- Family Home Care Inc.  
3636 S I-10 Service Rd W  
Metairie  
(504) 833-0934
- Interim Health Care  
2424 Edenborn Ave  
Metairie (504) 834-9000  
Northshore (985) 674-1699
- KLB Professional Home Health Care Agency  
9510 Hayne Blvd  
New Orleans  
(504) 241-1477

- Metro Preferred Home Care  
3017 N. Causewau Blvd  
Metairie (504) 838-7080  
8301 W. Judge Perez  
Chalmette  
(504)277-1109
- Nurses Registry Home Health  
990 N. Corporate Dr.  
Jefferson  
(504) 736-0803
- Priority Care Inc.  
10001 Lake Forest Blvd.  
New Orleans  
(504) 241-0611
- Progressive Home Health Care Inc.  
1141 Whitney Ave.  
Terrytown  
(504) 263-8300
- R & R Home Care  
2121 N. Causeway Blvd  
Metairie  
(504) 828-1551
- Rx House Call 2000  
2017 Canal St.  
New Orleans  
(504) 522-7108
- Visiting Nurses Association of Greater New Orleans  
(504) 822-1477  
2475 Canal St.  
New Orleans, LA  
In addition to Medicare, Medicaid and Private Insurance. payment forms,  
Visiting Nurses receives funding from United Way and offers services on a  
sliding scale pay schedule. Also has programs for caregiver relief and  
housekeeping.

#### PHYSIATRY (PHYSICAL THERAPY)

- Touro Infirmary; Dr. Gary Glynn
- Crane Rehabilitation Center  
[www.cranerehab.com](http://www.cranerehab.com)  
Timothy Riley

## OCCUPATIONAL THERAPY / ERGOTHERAPY / RECREATIONAL THERAPY (Activities of Daily Living)

- Touro's Rehabilitation; Tamara, OT
- East Jefferson Occupational Medical Clinic  
3601 Houma Blvd, Metairie, La 70002  
(504) 779-2667  
R. J. Tamimie, M.D.  
D. Swift, M.D.  
T.A. Hawley, M.D.

## VOCATIONAL THERAPY (and Reemployment)

Louisiana Rehabilitation Services  
3500 Canal st; New Orleans, La 70119  
(504) 483-4709  
[www.dss.state.la.us/departments/lrs/Vocational\\_Rehabilitation.html](http://www.dss.state.la.us/departments/lrs/Vocational_Rehabilitation.html)  
E Mail: [lrsno@dss.state.la.us](mailto:lrsno@dss.state.la.us)

## ALTERNATIVE AND SUPPLEMENTAL THERAPIES

### ACUPUNCTURE

- Panda Clinic—David Fuselier, M. Ac. NCCA  
Acupuncture—Herbs—Homeopathy  
(504) 931-9319 --[difuselier@yahoo.com](mailto:difuselier@yahoo.com)
- Amy Yeostros, Dipl. Ac., Dipl. C.H.  
NCCAOM  
Certified Acupuncture & Chinese Herbs  
(504) 486-3161
- Joanne Marie Whitty, M.D.  
Acupuncture & Chinese Herbal Medicine  
8725 Oak St., New Orleans  
(504) 866-8497
- Acupuncture Clinic & Acupuncture Center  
4213 Trenton St., Metairie  
(504) 454-9979
- Chinese Acupuncture Herbal Center  
Jun Wu, OMD, Dipl. Ac., L. Ac.  
NCCAOM Certif.

Acupuncture & Acupressure  
Touro Alternative Therapies Center  
(504) 897-8855

- Metairie Pain & Acupuncture Clinic  
Jerry S. Y. Wang, M.D.  
3216 N. Turnbull Dr., Metairie  
(504) 888-5449

- Dr. Robert Fortier-Benson  
Laurel Colpitts—Lic Acupuncturists  
723 N. Causeway Blvd., Mandeville  
(985) 626-8174

## AROMATHERAPY

- Kathy Parry  
(also: massage therapy, pregnancy massage)  
(504) 782-5284
- Bonnie Schindler, RN  
(also: Healing Touch)  
(504) 734-7744

## BREATHWORK

- Jack Fontana  
(also: massage)  
Conscious Connected Breathing  
(504) 887-5003  
(504) 887-7700
- Patricia Stout  
Therapeutic Breathwork  
[breathwork@i-55.com](mailto:breathwork@i-55.com)  
(985) 264-8089

## CHINESE MEDICINE

- Joanne Marie Whitty, M.D.  
Acupuncture & Chinese Herbal Medicine  
8725 Oak St., New Orleans  
(504) 866-8497

- Amy Yeostros, Dipl. Ac., Dipl. C.H.  
NCCAOM  
Certif. Acupuncture & Chinese Herbs  
(504) 486-3161

## ENERGY MEDICINE

## EXERCISE

- CORE STRENGTHENING
- PILATES  
-Uncle Joe's Pilates Studio  
5008 Prytania st.; New Orleans, La 70115  
(504) 895-5008
- WEIGHT-BEARING
- YOGA
  - Touro's Alternative Therapies Center  
3434 Prytania st, suite 131A; [www.touro.com](http://www.touro.com)  
(504)897-8855  
Also: Massage, Acupuncture, Toga, Tai Chi, Qi Gong, Pilates, Cranial Sacral Osteopathy, Chinese Herbs, Reflexology, Breathwork/Meditation, Energy Work, Stress Reduction, Ear Candling, Classes/Seminars.
  - Wild Lotus Yoga  
4842 Perrier St; New Orleans, La 70115  
(504) 899-0047

## GAMES AND MIND GAMES--COGNITIVE THERAPY

- MindWare--brainy toys for kids of all ages  
(1-880-999-0398) or [www.mindwareonline.com](http://www.mindwareonline.com)

## GARDENING/ HORTICULTURAL THERAPY

- Penny Moreau's Healing Garden  
(504) 394-7166

## HEALING TOUCH

(also Therapeutic Touch, SHEN therapy, healing science)

- Flo Mural, BEd, CHTP, LMT  
(also: reiki & therapeutic massage)  
A TOUCH FOR HEALING, LLC  
Lakeview  
(504) 483-9042
- Margaret Adams, LMT  
(also: massage therapy, reiki)  
(504)934-7942
- Mary Etta Marrero, BSN, RN, ME, CRNA, HTP  
(504) 491-3198
- Bonnie Schindler, RN, PhD  
(also: aromatherapy)  
(504) 734-7744

## HOLISTIC HEALTH CARE

- Touro Alternative Therapies Center  
3434 Prytania St., Suite 131A; New Orleans  
(504) 897-8855 ; [www.touro.com](http://www.touro.com)  
(Massage, Acupuncture, Toga, Tai Chi, Qi Gong, Pilates, Cranial Sacral  
Osteopathy, Chinese Herbs, Reflexology, Breathwork/Meditation, Energy Work,  
Stress Reduction, Ear Candling, Classes/Seminars)
- Pomegranate Life Works  
Peggy Miller, N.D.  
Iridology, Herbs, Hypnosis  
(Iris [eyes] provide map of health or weakness)  
(504) 779-0606
- Core Touch Therapies  
Craniosacral, Visceral manipulation, lymphatic drainage  
(504) 828-5151
- Chris Sembera, BS, CNC, BeP  
BioEnergetic Evaluation, Nutrition, Homeopathy  
[www.NaturalHealthConsulting.net](http://www.NaturalHealthConsulting.net)  
(504) 433-3899

- Bonnie Poirier, M.S.  
Hypnosis, Herbs, Reiki, Breathwork  
[www.HerbalHypnosis.com](http://www.HerbalHypnosis.com)  
(985) 373-2321
- Integrative Medical Services  
5101 W. Esplanade, #8, Metairie  
[www.integrativemedical.com](http://www.integrativemedical.com)  
(504) 885-5234

## HOLISTIC MEDICINE

- Cy Carpenter, MD  
Holistic Medicine  
Preventive Medicine  
Touro Alternative Therapies Center  
(504) 891-0348
- Henri J Roca III, MD  
-Holistic Family Practice  
Integrated Medicine  
(504) 488-4877  
- LSU Health Sciences Center  
School of Medicine  
Department of Family Medicine  
Section of Integrative Medicine  
1542 Tulane Ave., Suite 123, New Orleans  
(504) 568-4570  
[www.lsuhs.edu](http://www.lsuhs.edu)  
[hroca@lsuhsc.edu](mailto:hroca@lsuhsc.edu)
- Irene M. Sebastian, MD, PhD  
Family Medicine & Classical Homeopathy  
Medical Training at Northwestern University  
Homeopathic training at Canadian Academy of Homeopathy  
3535 Bienville St., Suite 310W, New Orleans  
(504) 484-7433
- Chris Sembera, BS, CNC, BeP  
BioEnergetic Evaluations, Nutrition Homeopathy  
(504) 433-3899  
[www.NaturalHealthConsulting.net](http://www.NaturalHealthConsulting.net)

## HYDROTHERAPY

- Aquatics Rehab  
2929 Williams Blvd, Kenner, La 70065  
(504) 469-9292
- Ochsner Clinic Foundation  
(504) 842-3000
- Kenner Regional Medical Center

## HYPNOTHERAPY

- Chaplain Paul G. Durbin, PhD  
Director of Clinical Hypnotherapy at Methodist Hospital  
writer of two books on Hypnosis, as well as articles for many professional journals & publications  
5640 Read Blvd., Suite 840, New Orleans  
(504) 244-5431  
[www.durbinhypnosis.com](http://www.durbinhypnosis.com)
- Joan Perell, BCSW, ACSW  
(also: psychotherapy)  
(504) 833-6453
- Joseph Tramontana  
(also: psychotherapy)  
(504) 831-1032
- Cecile Lincoln  
(also: reiki)  
(504) 889-2543
- Vikki Ashley, PhD, CDt  
(also: psychology)  
(504) 895-7968
- Lawrence Stepteaux, CH  
Holistic Hypnosis  
(504) 362-8842
- M. Bundy, LPC/S. Sumrall MA t, Med  
Clinical Hypnotherapy, NLP, Time Line, EFT  
(504) 269-6996 -- [www.healthsurvey.com](http://www.healthsurvey.com)
- Charles DeLerno, CHt  
American Board Certified Hypnotherapist  
(504) 861-1924 -- [www.delemo.com/hypnosis.html](http://www.delemo.com/hypnosis.html)

## HYPOTHETHERAPY / HIPPOETHERAPY

Therapeutic horseback riding program for physically disabled children

- Greater New Orleans Riding Center  
specializing in horse-back riding activities for children with disabilities  
LaPlace, La. Contact: Anita Hartzel  
(985) 651-5239

## HYPERBARIC OXYGEN THERAPY

- Paul G. Harch, M.D.  
Harch Hyperbarics – [www.hyperbarics.org](http://www.hyperbarics.org)  
Family Physicians' Center  
5216 Lapalco Blvd, Marrero, La 70072  
(504) 348-4357

## INSPIRATIONAL books/movies/talks

- Lorenzo's Oil—a movie starring Susan Sarandon and Nick Nolte. A family trying to save a child from a debilitating brain disease-ALD.  
Movie review: [www.allwatchers.com/Topics/Info\\_5207.asp](http://www.allwatchers.com/Topics/Info_5207.asp)
- Susan Bower-(Jewish Community Center of New Orleans, St Charles ave)--car crash victim, brain injury survivor, and speaker on dangers of drinking and driving.

## MASSAGE/ CHIROPRACTIS

### CHIROPRACTORS

- Metairie Chiropractic Clinic (Dr. Harold Karas),  
2612 Metairie Road, 70001  
(504) 833-5363
- Karas Chiropractic Clinic (Dr. Jeffrey Karas)  
3308 West Esplanade, Metairie 70002  
(504) 835-7901
- Ky's Chiropractic Clinic-  
2926 Canal st.  
(504) 821-1500

## JIN-SHIN

- Paulette Rittenberg  
(504) 895 6073

## RAHKEE

## SOMATIC THERAPY

- Carrie Ann Wiedemann, Touro's Alternative Therapies Center; Massage and Manual Lymph Drainage therapy

## MASSAGE THERAPY

- Alternative Health & Beauty #0368  
Bodywork, Natural Wellness, Retreats  
(504)887-7526  
[carriewiedemann@hotmail.com](mailto:carriewiedemann@hotmail.com)
- Elizabeth Barnes #2888  
Therapeutic Bodywork, Reiki/Classes  
(504)453-6731  
[libet@earthlink.net](mailto:libet@earthlink.net)
- Jane Bauder  
Massage Therapist, Esthetician  
(504) 897-0143/488-0036
- Joie de Vivre/Kevin LeBlanc, RMT, CMT  
Holistic Bodywork #2467  
(504)481-2256
- Medicine Wheel Massage  
Lawrence Brenner, LMT #0673  
(504)669-0913  
[www.integrativemedical.com](http://www.integrativemedical.com)
- Peggy Scott, LMT 145, NCBTMB  
Ortho-Bionomy, Reflexology, Cranial Work Sessions/Instruc.  
(504)947-4869  
[www.IslandGirlProductions.com](http://www.IslandGirlProductions.com)
- Marcia Perry, LMT  
Therapeutic massage  
(504)888-0335

- Dawn M. Boudreaux, LMT  
Therapeutic massage, bodywork, energy work, flower essences  
(504)909-8463
- Jack Fontana, LMT  
Massage, Breathwork  
(504)887-5003
- Margaret Adams, LMT  
Massage Therapy, Reiki, Healing Touch  
(504)945-7942
- Kathy Parry, LMT  
Massage therapy, Pregnancy massage, Aromatherapy  
(504)782-5284
- Helen Rafeedie, LMT  
Massage therapy  
(504)813-8624
- Katherine Daigle, LMT  
Massage therapist, Shiatsu  
(985)674-1805
- Allen Frost, LMT  
Certified Rolfer, Rolfing Movement Practitioner  
(504)482-7326
- Jeremy A. Johnson, LMT  
Sports Massage, Certified Advanced Personal Trainer  
(504)486-5711

## NATUROPATHIC MEDICINE

- Dr. Kevin LeBlanc, LMT  
Naturopathic Medicine, Polarity therapy  
(504)481-2256
- Center for Healing the Mind and Body  
Health, education, and wellness issues  
Jeanette Gallagher, N.M.D. (Doctorate Degree from SW College of  
Naturopathic Medicine in Tempe, AZ)  
(504)305-2289  
[www.mypersonaladvocate.com](http://www.mypersonaladvocate.com)

## NUTRITION/ DIETARY SUPPLEMENTATION

### ORTHOBIONOMY

(movement and position to relieve muscle tension and discomfort—Realign and reeducate nerves and muscles for the reduction of pain.)

- Peggy Scott, LMT #145, NCBTMB  
Orthobionomy, Reflexology, Cranial Work Sessions/Instruc.  
(504)947-4869  
[www.IslandGirlProductions.com](http://www.IslandGirlProductions.com)

### POLARITY THERAPY

(“energy” approach to healing, rebalances flow of energy in the body so the body may better heal itself)

- Dr. Kevin LeBlanc  
(also: LMT, Naturopathic Medicine)  
(504)481-2256

### REIKI

(Japanese for “universal life force”)

- Cathryn Rogers  
(also: Shamanic practitioner)  
(504)865-8431
- Flo Murat  
(also: Healing Touch)  
(504)483-9042
- Mary Kinzer, Reiki Master/Teacher  
(also: Addiction Counseling)  
(504)456-1363
- Margaret Adams, LMT  
(504)945-7942  
(also: Massage therapy, Healing Touch)
- Cecile Lincoln  
(504)889-2543  
(also: Hypnotherapy)
- Aimée Buckel, Reiki Master  
(504)491-2326  
(also: Angel Therapy Practitioner)

- Laura Miller, PhD, Reiki Master  
(504)874-9185  
[Laurahbmiller@yahoo.com](mailto:Laurahbmiller@yahoo.com)
- Claudia Thurman, Reiki Master  
(504)831-8718  
[www.integrativemedical.com](http://www.integrativemedical.com)

## ROLFING

(structural integration)

- Allen Frost, certified Rolfer, Rolfing Movement  
(504)482-7324  
Practitioner, LMT  
[www.allenfrost.com](http://www.allenfrost.com)
- Clay Thomas, certified Rolfer  
(504)483-1191  
6032 Milne St., New Orleans  
[clayrolfs@yahoo.com](mailto:clayrolfs@yahoo.com)  
[www.rolf.org](http://www.rolf.org)
- Elisabeth “Libet” Parnos  
(504)453-6731  
Light Language Grids/Energy Work  
[libet@earthlink.net](mailto:libet@earthlink.net)

## THRESHOLD ELECTROSTIMULATION THERAPY

### RESEARCH

- Culicchia Neurological Clinic--Dr. Walter Truax. Some ongoing studies are:
  - PROFESS Study: **P**revention **R**egimen for **E**ffectively Avoiding **S**econd **S**trokes
  - SAINT II (**S**troke-**A**cute **I**schemic-**NXY** **T**reatment)
  - CHANT trial (Intra**C**erebral **H**emorrhage **NXY** **T**reatment)
- Louisiana State University Neuroscience Center of Excellence -- Director: Nicolas G. Bazan, M.D., Ph.D. 2020 Gravier Street, Suite B, New Orleans, LA 70112; Tel: (504)568-6700, (504)599-0909; Fax: (504)568-5801; email: [nbazan@lsu.edu](mailto:nbazan@lsu.edu)
- Department of Brain and Cognitive Sciences at MIT -- 77 Massachusetts Avenue, E25-406, Cambridge, MA 02139-4307; Tel: (617)253-5748

- McGovern Institute for Brain Research at MIT -- Building E25-435, MIT, Cambridge, MA 02139; Tel: (617)452-2574; email: [McGovern@mit.edu](mailto:McGovern@mit.edu)
- Traumatic Brain Injury Resource guide web: <http://www.neuroskills.com/>

### MEDICAID OFFICES

- See Advocacy Center Resource Guide
- Medicaid State Eligibility -- (225) 922-1542 – (800) 834-3333

### MEDICAID PURCHASE PLAN

See Advocacy Center Resource Guide

### PRESCRIPTION DRUG PATIENT ASSISTANCE PROGRAMS

See Advocacy Center Resource Guide

PSYCHOLOGICAL SERVICES/counseling for patients and caregivers  
National Alliance of the Mentally Ill; Federally funded organization; Bea Parker;  
Louisiana ave by St. Charles Ave, New Orleans, La – (800) 844-0381

### **PARENTING AND FAMILY RESOURCES**

- Traumatic Brain Injury. A guide for the patient and family.  
[www.interactivetherapy.com](http://www.interactivetherapy.com). E-mail: [info@interactivetherapy.com](mailto:info@interactivetherapy.com)
- Traumatic Brain Injury Association or Brain Injury Association, Inc. -- 105 North Alfred Street, Alexandria, VA 22314; Phone: (703)236-6000; Fax: (703)236-6001; Family Helpline: (800)444-6443; web: [www.biausa.org](http://www.biausa.org)
- Parents Group -- John Hill -- The Case Management Resource Guide -- Dorland Healthcare Information -- 1500 Walnut Street, Suite 1000, Philadelphia, PA 19102; Phone: (215)875-1212; Fax: (215)735-3966; Web: [www.dorlandhealth.com](http://www.dorlandhealth.com); Email: [info@dorlandhealth.com](mailto:info@dorlandhealth.com)

- Annual Resource Guide: EP/Exceptional Parent -- 65 East Route 4, River Edge, NJ 07661; Phone: (201) 489-4111; Fax: (201) 489-0074; Web: [www.eparent.com](http://www.eparent.com)
- Children's Hospital Public Relations Office: Children's Miracle Network: hospitals helping kids -- (504) 896-9373
- Also see Spiritual and Support Groups

## RECREATION

- Greater New Orleans Riding Center  
specializing in horse-back riding activities for children with disabilities  
LaPlace, La.  
Contact: Anita Hartzel (985) 651-5239
- The Love Bike:  
A bicycle built for two that steers from the rear (a crucial feature for controlling and stopping bike when child or less coordinated passenger is in the front seat).  
[www.lovebike.com](http://www.lovebike.com)  
Contact: Robert Gardner. POBox 1452, Willits, CA 95490  
(707) 456-0468

## SPIRITUAL

Catholic mass open to all denominations at St. Joseph Catholic Church, Tulane Ave, New Orleans. Every 1st Sunday of the month, at 2:00 P.M. For families of autistic, handicapped, or brain injury patients. Totally weel chair accessible, and all children get to participate.

For more information, call Joy Zainey, 834-5865

## SUPPORT GROUPS

- ABI (Acquired Brain Injury) Association of Louisiana--3500 Canal st--Terri Kennedy--(504)775-2780
- CHILDREN'S HOSPITAL / BRAIN INJURY SURVIVORS / PARENT GROUP  
meets 1st Thursday of the month
- BRAIN INJURY SURVIVORS Group (Touro)--Suzy Laborde, ext 8563

- STROKE SUPPORT GROUP (Touro, once a month)
- PARKINSON'S SUPPORT GROUP at Touro Infirmary, meets 3rd Tuesday of the month at 10am on 4th-fl. M4 dining room (504) 897-8476
- ALZHEIMER'S FAMILY SUPPORT GROUP meets 2nd and 4th Tuesday of each month 4pm at East Jefferson General Hospital Adult Day Care center (W. Metairie) (504) 837-2629
- PROJECT PROMPT - FAMILIES HELPING FAMILIES OF LA--4323 Division St., Suite 110, Metairie, LA 70002 (504) 888-9111 or (800) 766-7736  
Contact: Laurie Arceneaux
- WELL SPOUSE FOUNDATION--63 W. Main St. Suite H, Freehold, NJ 07728, (800) 838-0879 [www.wellspouse.org](http://www.wellspouse.org)

## **STATEWIDE INFORMATION AND REFERRAL**

### LA 211 HELPLINES

See Advocacy Center Resource Guide

## **TRANSPORTATION**

- See Advocacy Center Resource Guide
- Louisiana Rehabilitation Services  
Serves parishes of Jefferson, Orleans, Plaquemines, St. Bernard, St Charles, St James, St John, and St Tammany.  
3500 Canal st; New Orleans, La 70119  
(504) 483-4709-- E Mail: [lrsno@dss.state.la.us](mailto:lrsno@dss.state.la.us)  
[www.dss.state.la.us/departments/lrs](http://www.dss.state.la.us/departments/lrs)